



Adjusting Personal Settings and Appearance

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Your personal settings are organized into five tabs. Select **Back to Tricefy** to return to the Study List.

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- **Profile:** Change your log-in password, update your display name and phone number, show your Uplink status, and reset your settings
- **Change Password:** Select a new password
 - Clinics can choose to require users to reset their passwords after a pre-determined length of time. This option is configurable within the [Clinic's Account Settings](#).
- **Memberships:** Leave your account or accept an invitation to a new account
- **Notifications:** Turn notifications on and off for when a new study or consult or note is added
- **Two Factor:** Enable two-factor (multi-factor) authentication to provide an extra layer of security (a two-factor application, such as Authy or Google Authenticator is required)
 - To require multi-authentication for all users, ensure the option is selected within the Account Settings ([under Password Rules](#))